

MIDLIFECAREERS NEWSLETTER – MAY 2006

I have just returned from Career Masters Institute Conference held in San Francisco and have brought back a wealth of new information for both my resume and coaching clients.

I am offering a new innovating program, the “Now What?” series developed by Laura Berman Fortgang. This 90-day coaching program has a beginning-middle-and end to help you make drastic changes in your life, reconnect to what is really important to you and those around you.

I can really say that I have learned and grown from being introduced to the program and my new association with the “Now What?” program and colleagues. Please contact me or visit my web sites for new information about individual or group coaching programs. (A group consists of 4 or more people and can be by teleconferencing, in my office, or outside location – by arrangement.)

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We’re in the midst of spring here in the Midwest. Lilac season is about over and lettuce in my organic garden is popping up. I planted right before I went to the convention.

Plants have such simple existence and ours is so complicated. I can remember as a child adults around me would say, “always be yourself.” But that is such a mysterious thing, isn’t it? You can think you are being yourself and then one day as an adult, you can realize that you are along way from being the you that you meant to be.

One of the speakers at the convention, John Krumboltz, Ph.D. Stanford University asked the question, “Did you know what you were going to be, when you were 18?” Very few did. Maybe a few doctors or nurses, but the majority of us – you and me – had no idea or if we did it became far different from what we thought at 18.

I’d go a step further and say that at 40-50-60 – you may still not know what you are going to be. I suggest you start by being your own best friend, being in the moment and looking at the now of your life. Practice trusting yourself.

Bring you being outside and travel a bit thinking about an aborted dream or what you could do to be, and think about that part of you that might have gotten left behind.

Be open to the now and the person you have become. Being unknown is safe, but venturing to be that part of you that got away takes courage. Opening to your potentials comes with the tremendous surprise of energizing the new you that is evolving. Not as simple as my plants that are busting through the soil, but just as beautiful to encounter.

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Please visit my new website just opened this month. www.retirementcareers.com and whether you are ready to think about retirement or not, I invite you to sign up for the

seminar on June 7. The potential retiree or already retiree range from 37 to 75. Sign up and listen in for a valuable discussion on becoming who they are and who they want to be.

***Oh, and sign up for my other newsletter, Retire, Rewire, and Restart – and/or refer it to a friend. Thanks!

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### *Stats, Sites and Stuff*

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Stats

The Next Job Boom New studies say everyone's out looking, especially people in occupations where work hours have extended into 60- and even 80-hour workweeks. The latest data says everyone's hiring, a new shift to a loosening job market. Here what workers (and their bosses) need to know:

Trends	2003	2006
Unemployment for knowledge workers is lower than it has been for many years:	3.3%	2.2%
Employers have squeezed extra productivity out of workers, but those gains are coming to an end:	4.0%	2.25% (2007 projected: 1.75%)
Increasingly, overworked employees are sensing a turn in the job market and heading for the exits:	2.0 million	2.5 million
Job-hoppers are finding plenty of places to land as the number of job openings has been surging:	2.7 million	4.1 million

Source: "The Next Job Boom," Business 2.0, May 2006 issue, pp. 88–100

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#### *Sites*

The new site to be that is about midlife careers, retirement careers, and more is [www.eons.com](http://www.eons.com). This is a site developed by Jeff Taylor of Monster.com fame. He has investors and is working with a \$10 million budget. Wow!

But prior to the opening of his new site he is running a contest and giving away \$15,000 for coming up with the most interesting things to do before you turn 100.

So, if you would like to enter his contest – go to my blog:  
<http://blog.retirementcareers.com> and as you looking at the page on the top right hand corner you will see the Eons mentioned – Click on Visit Eons.com and use the number **72205 and happily enter 100 things that you would like to do before you are 100! You may win.**

I'd like to add that every dream is the tip of the iceberg of your intuition. The closer you stay to your dreams, the happier you will be.

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Stuff

In May issue of *Money* There is an article by Jeff Hiatt, *The Art of the Second Act* in which he quotes me about the wealth of information we gain as we mature and how at 50 we are beginning not slowing down.

Also, in just in case I am late as usual with my Newsletter for June, I invite you to attend a teleseminar with a panel discussion on retiring:

Panelists are:

- A pilot flying missions to Iraq is in debate whether to “retire to the civilian world” at age 37 or accept a promotion in the military. Recognized as Pilot of The Year – this is a tough choice.
- A women 57 returns to the workforce, rapidly shows great tenacity in her job search. Rapidly advances – blossoms forth and then completing what she set out to accomplish –retires to paint.
- A couple who worked 18 years for a Delphi company in senior roles retire to a horse farm
- A fireman retires – or I should say gets a smashing new car, finds the women of his dreams, retires from the fire department and makes TV commercials and cuts CD's with his significant other.
- A man 75 tells us what his dreams are --- what he wants to do before he is 100 – he lists and tells us about his top -3 dreams

So if any of this interests you. go to my new website: www.retirementcareers.com
Notice – Upcoming Teleseminar -- Click on Learn More and sign up. It is being held on June 7 at Noon EST -- for one hour.

See ya there. *Mary Ann*