

Winter is almost done; spring has barely begun. As much as we say we're done, there is a sense of us that has barely begun. As I write a resume or coach a client there is always this shift to newness – bringing together all that you know into the *now* of your life.

Nature shifts so effortlessly while we struggle with change.

Some people are more resistant to change than others, even when it offers an advantage. I sometimes think those who have received notice that they are terminated are the lucky ones. They have to change.

It is a sudden jolt, but after someone comes to grips with the feeling of loss, there is this decisive factor that sets in to move forward. With those who are just unhappy, restless, there is this tendency to stay comfortable. It is easier to judge and blame or point at the situations – much harder to admit the situation doesn't work anymore

The results that I see are always good. Yes! I'm going out there on a limb and say that in *every case*, I've seen good results. The first shift may not be "the one," but once that shift happens, the mind opens and resistance to change fades. That's when good stuff happens.

Change attitudes; change everything!

Changing yourself involves being open to your mistakes and not retreating or "hiding out."

p.s. Today - April 5, 2006 - Katie Couric left the Today Show, saying that change is a good thing, but terrifying to get out of your comfort zone.

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**My Progress Report:** E-course is written. It is a step-by-step guide to change and comes to you for 6-weeks. You will be able to have it FREE, by signing up for **Retire, Rewire, & Restart Newsletter**.

**Where? At the new site; open for business by April 30<sup>th</sup> – maybe sooner.**

**The website: [www.retirementcareers.com](http://www.retirementcareers.com) is currently a page of [www.midlifecareers.com](http://www.midlifecareers.com) but is soon to be its own entity. I will send you a special announcement when the final change occurs.**

**Also, look for *Money Manager* on the newsstand. There is an article about sudden loss of job, and I was asked to contribute a few remarks. It is on the market mid-April.**

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STATS, SITES & STUFF
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~~~Stats~~~

From an article in The San Diego Source, by George Chamberlin,
http://www.sddt.com/Commentary/article.cfm?Commentary_ID=10&SourceCode=20060331tbc

There is an interesting statement and statistic for mulling:

“When asked to identify the single most important financial goal, the leading response was ‘to assure a comfortable standard of living during retirement.’ Less important financial goals include leaving an estate to heirs, protecting estate from taxes, and minimizing income and capital gains taxes.

Just because a household has millions of dollars in assets doesn't mean its members have planned for their retirement. The Phoenix Affluent Marketing Service says the vast majority (64 percent) of young affluent baby boomers -- age 41-49 -- have no written financial plan for retirement.

Affluent baby boomers have unique challenges when it comes to retirement planning, and represent one of the largest opportunities for financial services firms," said David Thompson of PAMS.

And, as boomers live longer, they have to prepare for increasing health care costs.

What's unfortunate is that many successful people spend a lifetime working to build their wealth, sometimes working so hard that they jeopardize their own health. Then they spend a majority of their wealth to restore their health," said Thomas Melcher of **PNC Financial Services**”

~~Sites~~

Jeff Taylor, founder of Monster.com is preparing for an elder venture. He is 47 and looking at his future and yours. Interesting concept :) Read for yourself. It just opens potentials for a growing category of people. You and me!!

http://www.boston.com/business/technology/articles/2006/04/01/monstercom_founder_in_elder_venture/

~~Stuff~~

There is a fox that has come out of the woods from a long winter of “hiding out” and is eating on the deck outside my window.....

